

Normanton House School



Children, ICT & E-Safety Information for Parents and Carers



Young people use the internet for a variety of activities including games, research and homework and, of course, for accessing social networking sites. Whilst they are confident with the technology children are not always able to make the right decisions about what they access, who they talk to and what they might post about themselves and others on the internet.

This guide explains:

- How your children are using ICT in school.
- How using ICT in the home can help children to learn.
- How children can use the Internet safely at home.
- Where to access further information.

How your child uses ICT at school

ICT in schools is taught as a subject in its own right and also supports children's learning in other subjects,

The children may use the following:

- Word Processing- to write stories, poems or letters
- Databases- to record information, e.g. minibeasts
- Spreadsheets- to create tables, charts and graphs
- Desktop Publishing- to design posters, leaflets or card

Using the Internet safely at home

Whilst many Internet Service Providers offer filtering systems and tools to help you safeguard your child at home, it remains surprisingly easy for children to access inappropriate material including unsuitable text, pictures and movies.

Parents are advised to set the security levels within Internet Explorer or other browsers with this in mind. Locating the computer in a family area where possible, not a bedroom will enable you to supervise your son or daughter as they use the Internet. Also consider mobile phones and games consoles and other devices that can access the internet.

However, don't deny them the opportunity to learn from and enjoy the wide variety of material and games available on the Internet. Instead discuss with them some simple rules for keeping safe online and making sure they understand their importance.



Simple rules for keeping your child safe

To keep your child safe they should:

- ask permission before using the Internet and discuss what websites they are using
- only use websites you have chosen together or a child friendly search engine
- ask permission before opening an email sent by someone they don't know
- not use their real name when using games or websites on the Internet, (create a nick name)
- never give out any personal information about themselves, friends or family online including home address, phone or mobile number
- never arrange to meet someone they have 'met' on the Internet without talking to an adult first; always take an adult and meet in a public place
- never tell someone they don't know where they go to school or post any pictures of themselves in school uniform
- only use a webcam with people they know
- tell you immediately if they see anything they are unhappy with



Benefits of using ICT at home

Many studies have looked at the benefits of having access to a computer and/or the Internet at home. Here are some of the key findings:

- used effectively, ICT can improve children's achievement
- using ICT at home and at school develops skills for life
- children with supportive and involved parents and carers do better at school
- children enjoy using ICT
- using ICT provides access to a wider and more flexible range of learning materials.
- makes learning more fun.

For further information go to: Parents Centre:

www.parentscentre.gov.uk/usingcomputersandtheinternet



Using these rules

Go through these rules with your child and pin them up near to the computer. It is also a good idea to regularly check the Internet sites your child is visiting e.g. by clicking on History and Favourites. Please reassure your child that you want to keep them safe rather than take Internet access away from them.

For further information go to:

CEOP: www.ceop.gov.uk

Think U Know: www.thinkuknow.co.uk

Childnet: www.childnet-int.org

Some useful websites

When searching the Internet we recommend you use one of the following child friendly search engines:

Ask Jeeves for kids: www.askkids.com

Yahoo! Kids: www.kids.yahoo.com

CBBC Search: www.bbc.co.uk/cbbc/search

Kidsclick: www.kidsclick.org National Education

Network: www.nen.gov.uk/tandl

Be smart on the internet

 **Childnet**
International
www.childnet.com



S

SAFE

Keep safe by being careful not to give out personal information – such as your full name, email address, phone number, home address, photos or school name – to people you are chatting with online.



M

MEETING

Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.



A

ACCEPTING

Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!



R

RELIABLE

Information you find on the internet may not be true, or someone online may be lying about who they are.



T

TELL

Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

You can report online abuse to the police at www.thinkuknow.co.uk

**THINK
U
KNOW**
CO.UK



www.kidsmart.org.uk

KidSMART



Visit Childnet's Kidsmart website to play interactive games and test your online safety knowledge. You can also share your favourite websites and online safety tips by Joining Hands with people all around the world.





Safer Internet Day Wordsearch

C	Y	B	E	R	S	A	F	E	T	Y	R	T	Y	U
A	A	Q	W	E	P	E	R	S	O	N	A	L	L	O
R	C	D	P	V	F	B	H	A	Y	N	U	I	E	P
E	D	F	H	A	D	F	E	F	U	T	L	V	A	L
F	F	B	E	C	S	K	M	E	N	O	S	I	R	U
U	S	R	U	L	E	S	B	T	D	T	O	D	N	M
L	X	C	R	L	R	W	W	Y	W	C	C	V	I	E
E	A	N	B	C	L	Z	M	O	B	V	I	E	N	D
W	M	B	E	R	D	Y	K	L	R	N	A	R	G	I
G	Y	A	O	O	R	N	V	Y	M	D	L	I	U	A
L	M	D	I	U	P	L	O	A	D	I	N	G	M	T
Y	A	G	C	L	S	K	O	O	D	L	E	B	U	O
H	S	E	T	W	D	H	A	S	T	R	O	P	E	R
J	T	F	H	Y	W	E	B	S	I	T	E	S	I	S
B	Y	S	T	A	N	D	E	R	P	O	O	P	L	O
K	S	T	A	R	S	K	F	R	I	E	N	D	S	L

CYBERSAFETY
 SKOODLE
 EMAILS
 FRIENDS
 RULES
 STARS
 BULLY
 CAREFUL
 MEDIATORS
 LEARNING
 PERSONAL

ESAFETY
 INTERNET
 SOCIAL
 ONLINE
 ICT
 WEBSITES
 BYSTANDER
 UPLOADING
 PASSWORD
 BADGE
 REPORTS



We are supporting
Safer Internet Day
 5 Feb 2019

#SaferInternetDay2019
www.saferinternetday.org.uk